



## HoopStar Basketball Commitment Statement

Key Characteristics we will be known for as a team, individuals and a program.

### STAR Qualities - Core Values

**SPIRIT** - This is energy, enthusiasm and effort. We celebrate each other in success and encourage each other through obstacles. We play the game with excitement, effort and joy. We show our gratitude for the opportunity to play the game with passionate performance. STAR Players infect their team, and environment with energy.

**TOUGHNESS** - We are mentally tough. We do not lose our composure. We are bigger than fouls, referees, shooting slumps, dirty play and emotional outbursts. We are physical, we are powerful, we are unafraid and welcome difficult situations as an opportunity for growth. STAR Players are UN-Ruffle-able, their teammates look to them in the midst of challenges.

**APPROACH** - We have an attitude that value's development and growth. We love to train, we aim to improve. We value each repetition in practice and train with intent. We do everything for a purpose and do it with precision. We do everything as well as it can be done even when it is inconvenient. STAR Players maximize their time, their teams time and their coaches time.

**RESPONSE** - This is what sets us apart. We respond to coaching, when a coach speaks to us, we are still, we have good eye contact, we change when corrected. We communicate as a habit. We remind teammates constantly, we encourage tirelessly. We respond to mistakes better than anyone else we know.

### Coaches Commitment

We as coaches are committed to acting with STAR qualities that we teach the athletes to make habit. We are committed to being un-ruffle-able, we will teach through mistakes, teach through losses and teach through failures. We will celebrate athletes tirelessly and will coach each player with the heart to serve them in their growth as athletes and as people.

We do not promise equal playing time. We are committed to playing everyone, as it is an imperative part of their growth. We want to win every game we play, we want to play everyone as much as possible. We will do our best to do both.

## Parent Policy

We love parents. We value the significant sacrifice you make to allow your athlete to pursue their basketball dreams. You sacrifice time, money and energy to make that possible and we appreciate you are doing it here with us. We are always open to talking to you about your athlete and their development. Please wait 24 hours after a game to talk to your coach about any issue. This gives both parties a chance to gain perspective. We will always listen generously and speak honestly with you. Your athletes best interest is always our first priority.

Parents, we want you to cheer loudly for our team. Please refrain from any negative comments towards an opponent and allow us to talk to the referees.

Sincerely,

HoopStar Basketball

Tyler Coston  
Director

If you can commit to this as a STAR ATHLETE please print and sign below.

Print Name \_\_\_\_\_ Sign Name \_\_\_\_\_

If you can commit to this as a STAR PARENT please print and sign below.

Print Name \_\_\_\_\_ Sign Name \_\_\_\_\_